

Spontaneous Prayer to Pacify War in Ukraine

Offered by Traga Rinpoche on Tibetan Losar March 3rd, 2022

ལྷ་མ་ཡི་དམ་དཔའ་བོ་མཁའ་འགོ་ཚེས་སྐྱོང་སྤྱང་མ་ནོར་ལྷ་གཉེར་བདག་

LA MA YI DAM PA WO KHAN DRO CHÖ KYONG SUNG MA NOR LHA TER DAG

Gurus, yidams, viras, dakinis, dharmapalas, protectors, prosperity deities, treasure guardians,

ཕོ་ལྷ་མོ་ལྷ་ཞང་ལྷ་ཐག་ལྷ་ལས་ལྷ་སྐྱེས་ལྷ་དཀར་ཕྱོགས་ཀྱི་ལྷ་ཐམས་ཅད་སྤྱང་ཅིག་

PO LHA MO LHA ZHANG LHA TRAG LHA LE LHA KYE LHA KAR CHOG KYI LHA TAM CHE SUNG CHIG

pholha, molha, zhanglha, traglha, lelha, kyelha, and all positive divine forces, please protect us!

སྐྱོབ་པ་མཛད་དུ་གསོལ།

KYOB PA DZE DU SÖL

Grant your refuge we pray!

ཡུཀར་ལ་དམག་འཁྲུག་གཞོན་པ་འགལ་སྐྱེན་ཐམས་ཅད་རང་སར་ཞི་བར་གྱུར་ཅིག་

YUKREN LA MAG TRUG NÖ PA GAL KYEN TAM CHE RANG SAR ZHI WAR GYUR CHIG

In Ukraine, please spontaneously pacify all warfare, harm, and negative conditions!

འཇམ་བུ་སྒྲིང་གི་རྒྱལ་ཁམས་ཀུན་ལ་ཞི་བདེ་ལྷན་གྱིས་གྲུབ་པར་མཛོད།

DZAM BU LING GI GYAL KHAM KÜN LA ZHI DE LHÜN GYI DRUB PAR DZÖ

Spontaneously bring about peace and happiness in all countries throughout the world!

After hearing about the escalating war in Ukraine, Traga Rinpoche spontaneously offered this prayer on the spot. He also encouraged practitioners to cultivate refuge and bodhichitta. Then, in that state, to practice Tara, the White Umbrella Goddess Sitatapatra, and the Lion-Faced Dakini Simhamukha to guard against and repel negative forces in Ukraine and throughout the world.

This was transcribed and translated by Eric Fry-Miller, according to Rinpoche's wishes.